

Mental Health in the Workplace

You're invited to our World Mental Health Day Brunch

- Delicious home cooked brunch from Food for Thought
- Learn how to:
 - Spot signs of ill mental health
 - Communicate and use appropriate language
 - Support staff and implement wellbeing measures
- Learn about the Mental Health and Wellbeing Charter created locally by people who have experienced mental health challenges

World Mental Health Day
Tuesday 10th October
9.30 - 12.30
44AD Gallery
4 Abbey St, Bath, BA1 1NN

**£5 donation on
the door**



To book please contact Hannah Roper on [01225 617981](tel:01225617981)
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